





#### **BIKE RODEO 101**

















#### BIKE RODEO 101



Donna Schaertl and Bob Case





#### **INTRODUCTIONS**

- Donna
- Bob
- You who, where from, organization



# Now we are all being challenged to think outside the box - in this case, the FIRE box.

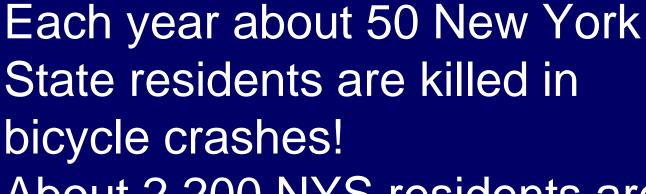
**Finger Lakes** 

The fire service is made up of educators. Our original mission of fire prevention has broadened into Fire and Life Safety Education. That's why we took up child safety seat inspection and installation and many other safety programs.

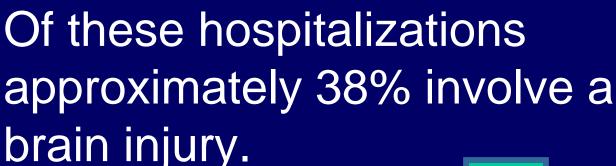








About 2,200 NYS residents are hospitalized due to bicycle related injuries.







## RESULTS CAN BE DEADLY









#### Goal and Objective

- The goal is to have every student feel confident to host their own bike rodeo
- The objective is to understand how to develop and conduct a Bike Rodeo









#### THIS IS A GOOD PLACE

#### TO USE NIMS









Operations

Logistics

**Planning** 

Safety







#### Decisions, Decisions







### Decide what message you want to send

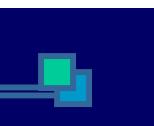
What skills do you want your participants to come away with?

Based on skills choose activities that will be part of the rodeo

Try to iron out any problems









#### Points to Consider

- Consider your target audience
- Choose what ages you want to focus on





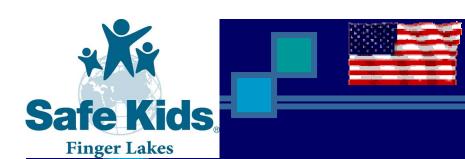




#### **More** Points to Consider

- Have there been any incidents in your area?
- Consider doing a survey of your target area or observational study – urban or suburban







#### Steps in Planning

- Choose a spot
- Number of participants
- How will participants get to your event?









#### More Steps in Planning

- Consider providing bikes for participants to use
- Consider piggybacking with another more established event (or include other stuff in yours)
- SAFETY SAFETY SAFETY!!!















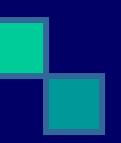
## You are going to need some help

- Local businesses, bike shops, businesses that have or are supportive in the community
- ø
- Businesses with big parking lots such as banks, churches or schools









## You are going to need some help continued

- Organizations in your community
- Other agencies







#### Businesses that can help

- Bike Shops can provide volunteers and equipment to run the bike inspection station at your rodeo
- Businesses can also help with advertising
- Create a relationship with new businesses by offering to hang their banner in exchange for a donation, either monetary or items







#### Locations with parking lots

- Look at the businesses in your community with largest enough and safe enough parking lots to host a bike rodeo.
- Banks, Schools, Office Buildings and Doctor's Offices on the week-end.
- A rodeo will attract new customers and create business for the host







#### Organizations

- Rotary, Kiwanis, Lions, Safe Kids, churches, school groups, YMCA, sports organizations, Scouts, bike clubs, Chamber of Commerce, etc
- They can provide volunteers and are often looking for events to get involved with
- Good source for funding or may sponsor a helmet give away, food for the event, or other items to hand out







#### Other agencies that might help



- Also consider fire departments, EMS agencies, hospitals, juvenile/probation, Health Dept.
- Does your local PD/Sheriff have a bike patrol? How about Fire/EMS?









#### MAKE IT AS ELABORATE OR SIMPLE AS YOU WANT







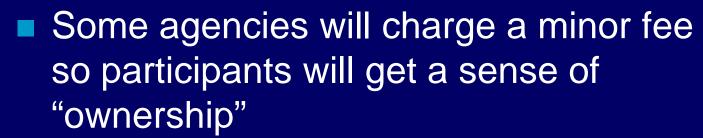






#### Helmets











#### Helmets

- If you can't afford to give them away purchase in bulk and sell at a discount or invite a business to sell helmets and ask about a discount deal for participants
- If you are not giving helmets away be sure to have some extra helmets and hair nets for those who show up without a helmet so they can still participate





#### You will need:

Cones Chalk Tables

"Road hazards" homemade or purchased A laminating machine,











#### You will need:



- Decorations to get attention
- Bike license
- Polaroid/digital camera with printer
- Enticement items (samples or give aways)
- Food









#### You will need:

- Caution tape
- Homemade or purchased signs
- Chairs, pens,
- Evaluation forms
- Release forms
- Don't forget an incentive for the volunteers









## Putting it all together – basic stations

Registration/Information	Helmet fitting station
Bike Inspection	Start of course
Course	Finish/evaluation/bike license/give aways







## Possible elements of the course:

- Figure 8 from a turn into the figure 8
- "Rock dodge" Hazards such as stones, curbs, wet leaves
- Sudden stop area
- Scan for hazards coming from behind/to the side
- Demon driveway
- Crazy crossroads
- Serpentine









#### Check in at each station







#### STOP BAR









































# STRESS THE NEED FOR SIGNALS



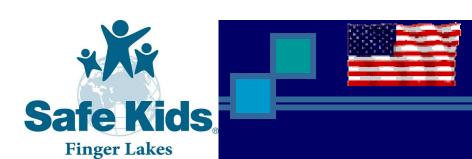






# TEACH THE RULES OF THE ROAD







### Paper carrier activity

This is very popular and a good test for control.

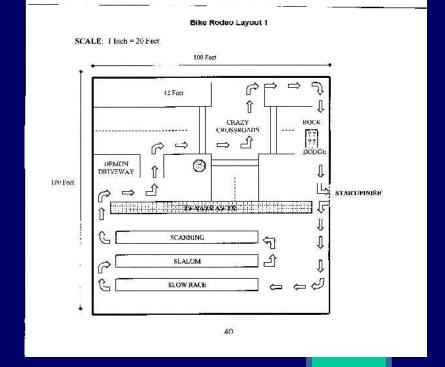








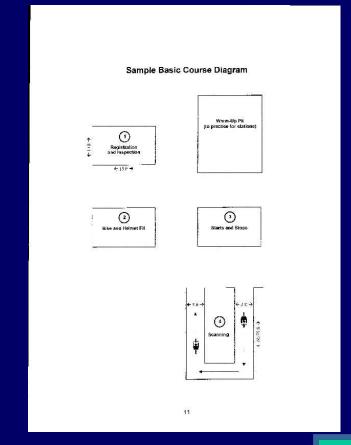
#### Sample layout







## Sample course layout

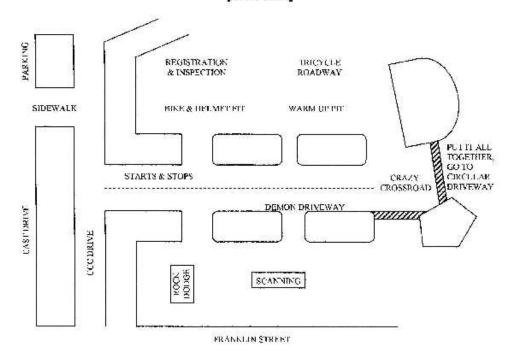








#### Bike Rodeo Layout 2 [Not to Scale]







#### Recommendations

Remember that some or all of your participants have arrived riding a bicycledon't give them lots of things to carry home





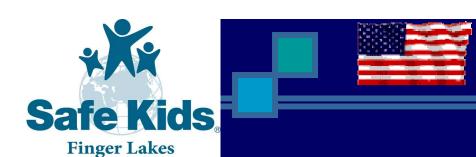




### Recommendations

- Consider having a challenge as part of your course and give away a bicycle or some other hot item. You can also do a raffle for the item
- The Good Samaritan Law should cover your event but if you want to go further have everyone involved sign a release or it is easy to create one







#### HELPFUL TIPS

- Keep it simple
- Don't reinvent the wheel
- Partner, partner, partner
- If you make a difference in one kids life the event was a success







#### MORE HELPFUL TIPS

- A positive attitude will take you far-when looking for volunteers, sponsors, etc How could they say no to such an important event? You are saving the lives of our future after all and the life you save could be someone important to them
- If you have had an incident in your area consider using it to your advantage while being sensitive to victims and families







#### We have covered

- The goal to have every student feel confident to host their own bike rodeo and
- The objective to understand how to develop and conduct a Bike Rodeo









### **ABOVE ALL REMEMBER**

- SAFETY
- SAFETY
- SAFETY
- Thanks for coming, have a nice Donna and Bob

